

**LAKE AND SUMTER COUNTIES**

# **Behavioral Health Resource Guide**



## **Mental Health and Substance Misuse Treatment Professionals**

*Presented By:*



**Lake County Substance Misuse and Violence Prevention  
Community Coalition.**

**2024 - 2025  
Eighth Edition**



Be Free Lake is a countywide coalition developed to collaborate with community stakeholders to focus on youth substance misuse reduction and prevention, while maximizing resources and providing opportunities for health and wellness for children and families to be self-sufficient, productive contributors in Lake County and society. Our vision is to create a community focused on educating and advocating health and wellness. The coalition was established in 2001 to help minimize substance misuse among teens and promote mental health awareness among youth and families in Lake County.

Be Free Lake focuses on implementing comprehensive prevention strategies, providing FREE resources and services to members of the community, and educating individuals on the importance of youth abstaining from substance misuse. The *Lake County Behavioral Health Resource Guide* is completely funded and produced by Be Free Lake. All providers listed throughout the guide connect our youth and families to mental health support services and resources. The partners that make up Be Free Lake are continually working together to better the quality of life for residents of Lake County. For more information about the coalition's programs and services, please visit our website at <https://befreelake.org>.



Every known practice in Lake and Sumter counties was invited to be represented in this book free of charge. Only the practices that had responded to the invitation, by time of printing, are included in this publication.

## **HELPFUL EMERGENCY RESOURCES**

*(You may want to cut these out and place them in a prominent place in your home or office)*

### **LifeStream Mobile Response Team (MRT):**

**352-408-6625**

The Mobile Response Team services are available 24/7 in Lake, Sumter and Citrus Counties, serving all ages. Mobile Response Teams crisis counselors provide on-demand crisis intervention services in any setting in which a behavioral health crisis is occurring, including homes, schools and emergency departments.

### **National Suicide Prevention Lifeline:**

**9-8-8**

The 988 Lifeline provides 24/7:

- Free and confidential support for people in distress
- Prevention and crisis resources for you or your loved ones
- Best practices for professionals in the United States

## What should I do if I am concerned about my child's behavioral or mental health? (I live in Marion, Lake, Sumter, Citrus or Hernando County)



### ★ Starting Point is With My Child's Health Insurance Plan ★

**DIAGNOSIS?** Does my child need an evaluation to understand my child's behavior or mental health needs and to identify services that can help?

➔ **CONTACT** the child's health insurance plan and ask for **behavioral health coordination** or case management to help find providers and get linked to services for my child. **No insurance?** Call Lutheran Services FL: 877-229-9098

**TREATMENT?** Does my child already have a diagnosis and my child needs services? Or is my child receiving services and the services are not working or my child may need more intensive services?

➔ **CONNECT** with my child's pediatrician or psychiatrist for referrals for specialty evaluations and/ or services and **Children with Medicaid** - ASK Health Plan for a referral for Targeted Case Management to help with getting services.

## Is my child involved with other state agencies?

- Ask the agency representative if that agency offers any evaluations or services?

State Agency Systems	Additional Resources	
☞ Department of Children & Families (DCF)	Parenting Support/ Resources? Human Trafficking Concerns? Adoptive family? <a href="http://www.findhelp.org">www.findhelp.org</a> or <a href="http://www.myflfamilies.com/hopeflorida">www.myflfamilies.com/hopeflorida</a> Parent Needs Assistance 1-800-962-2873 Kids Central Inc. Post-Adoption Support 352-857-7297	
☞ Department of Juvenile Justice (DJJ)	Arrested? Runaway or Ungovernable youth? <a href="http://www.djj.state.fl.us/youth-families/for-parents">http://www.djj.state.fl.us/youth-families/for-parents</a> 1-866-757-0634	
☞ School System SEDNET	Struggling in school? <a href="http://www.sednetfl.info/Regions.aspx">http://www.sednetfl.info/Regions.aspx</a> 1-727-314-3906	
☞ Children's Mental Health	Baker Acts? Mental Health Needs? <a href="https://www.myflfamilies.com/services/substance-abuse-and-mental-health/get-help-find-local-services/find-local-services-county">https://www.myflfamilies.com/services/substance-abuse-and-mental-health/get-help-find-local-services/find-local-services-county</a> Lutheran Services FL Access to Care Line: 877-229-9098	<b>24/7 Mobile Response Teams:</b> Lifestream (Lake, Sumter, Citrus) - 352-408-6625 BayCare (Hernando): 352-467-6529 SMA Healthcare (Marion): 352-402-2890
☞ Agency for Persons with Disabilities (APD)	Intellectual disabilities (IQ under 70), Autism, Spina Bifida, Cerebral Palsy, Prader-Willi, down syndrome, Phelan-Dermid? <a href="https://resourcedirectory.apd.myflorida.com/">https://resourcedirectory.apd.myflorida.com/</a> (352) 330-2739 / Family Care Council 1-800-470-8101	

## I'm overwhelmed! How can I get help?

- ☞ Call or text the Family Support Line (7a.m. to 11 p.m. ET) **1-888-733-6303** or call **NAMI (800) 950-6264**
- ☞ Other trusted adults that can help me? <https://www.befreelake.org/index.php/about-us/power-of-attorney-form>
- ☞ Sports or clubs my child can participate to provide an outlet for the child?
- ☞ Child with Autism/ ASD Diagnosis – contact Center for Autism and Related Disabilities – **1-800-9-AUTISM**
- ☞ Out of Home Respite - Florida Network Youth Shelters [www.floridanetwork.org](http://www.floridanetwork.org) **1-850-922-4324**
- ☞ Out of Home - Florida Association of Christian Child-Caring Agencies [www.faccca.com](http://www.faccca.com) **1-850-542-1776**
- ☞ Out of Home - Therapeutic Boarding School Finder [www.therapeuticboardingschools.org](http://www.therapeuticboardingschools.org)
- ☞ NOTE: Inpatient Residential Treatment is NOT an Emergency Placement but if you believe your child needs inpatient residential then you must work with your child's health insurance plan.

[Medicaid](https://dcf-access.dcf.state.fl.us/access/index.do) 850-300-4323 <https://dcf-access.dcf.state.fl.us/access/index.do>  
[Healthy Kids](https://www.healthykids.org/) 888-540-KIDS (5437) - <https://www.healthykids.org/>  
[Supplemental Security Income \(SSI\)](https://www.ssa.gov/benefits/disability/apply-child.html) - <https://www.ssa.gov/benefits/disability/apply-child.html>  
 Online Resource Directory [www.MyFloridaMyFamily.com](http://www.MyFloridaMyFamily.com)

## Developmental Concerns for Children:

Children Age 0-3 yrs: [FL Early Steps](http://www.cms-kids.com/home/contact/earlysteps.pdf) <http://www.cms-kids.com/home/contact/earlysteps.pdf>  
 Children Age 4+ yrs: [FDLRS](https://www.fdlrs.org/) <https://www.fdlrs.org/>  
 Child Diagnosed with Autism (all ages) - [CARD Autism services: guidance; education; resources](#)  
**1-800-9-AUTISM**

To Switch Plans – Choice Counseling Main Line 1-877-711-3662 or Text: 35766		Please be advised that phone numbers are subject to change. Please visit the MMA Plan’s member handbook	
<b>MEDICAID &amp; HEALTHY KIDS PLANS</b>	<b>Behavioral Health Coordination</b>	<b>Non-Emergency Transportation</b>	<b>24/7 Nurse Line</b>
Florida Community Care	1-833-FCC-PLAN	1-833- FCC-PLAN	1-833- FCC-PLAN
Humana Medical Plan	1-888-778-4651	ModivCare 1-866-779-0565	1-800-477-6931
Children’s Medical Services	1-866-799-5321	(MTM) Phone: 1-844-399-9469	1-866-799-5321
Sunshine Health & SMI Plan	1-866-796-0530	ModivCare 1-877-659-8420	1-866-796-0530
Sunshine Health CW Specialty Plan	1-855-463-4100	ModivCare 1-877-659-8420	1-855-463-4100
UnitedHealthcare	1-800-582-8220	ModivCare 1-866-372-9891	1-877-552-8105
Clear Health Alliance	1- 844-280-9633	1-877-779-8617	1-844-406-2398
Aetna – Healthy Kids	1-844-528-5815	Not Covered	1-844-528-5815
Sunshine Health – CMS – Healthy Kids	1-866-799-5321	Not Covered	1-866-799-5321
Simply Healthcare Plan – Healthy Kids	1-844-405-4298	Not Covered	1-844-405-4298
Community Care Plan - Healthy Kids	1-866-930-0944	Not Covered	1-833-925-0451
<b>COMMERCIAL INSURANCE</b>	<b>Behavioral Health Coord.</b>	<b>Autism Resources</b>	<b>24/7 Nurse Line</b>
Florida Blue Cross Blue Shield (Commercial Ins)	(New Directions Behavioral Health) 866-287-9569	Autism Resource Program 1-877-563-9347	
Aetna (Commercial)	1-800-424-4660		
Tricare – Humana Military	1-800-615-7332	1-800-444-5445	
Molina Healthcare	1-800-221-5487		1-888-275-8750
AVMED	1-800-972-8633, Option #3		1-888-866-5432
Cigna Health Care	1-866-382-0518		1 (855) 673-3063
United Health Care (Commercial)	Call # on back of ID card		



[www.hopeforhealingfl.com/](http://www.hopeforhealingfl.com/) (850)300-HOPE

## 2-STRIVE, LLC

Dr. Barry Daly, EdD, LMHC, MAC, BCBA-D,  
CAP

800 South Eustis Street, Suite G  
Eustis, FL 32726

[www.2-strive.com](http://www.2-strive.com)

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** ADD, ADHD, Depression, Bipolar, ODD, Individual, Group, & Family Therapies, Behavioral Analysis Services, Court Mediation, Couple Therapy, Anger Management Group, Substance Abuse Groups, Parenting Classes, Mentoring

## MENTAL HEALTH COUNSELING

### Ages Served:

Children, Teens, Adults

**Phone:** 352-357-7750

**Languages:** English

## ADVANCED BEHAVIORAL HEALTH CENTER

Jenine D'Onofrio, MA, PhD (aba)

1799 Salk Avenue  
Tavares, FL 32778

[www.advancedbehavioralhealthcenter.com](http://www.advancedbehavioralhealthcenter.com)

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Psychotherapy for Individuals, Couples & Family, Personality Disorders, Childhood Disorders, Talk Therapy, Guided Imagery, Cognitive Restructuring, Compassion Fatigue, Hoarding Disorder

## MENTAL HEALTH COUNSELING

### Ages Served:

Children, Teens, Adults

**Phone:** 352-742-8305

**Languages:** English

## ARCHER COUNSELING SERVICES

Danielle Archer, EdD, LMHC

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1635 E Highway 50 #201-205  
Clermont, FL 34711

[www.archercounseling.com](http://www.archercounseling.com)

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                         Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Co-parenting/Parenting, Reunification, Divorce, Military/First Responders, Active Duty Veterans, Crisis Counseling, PTSD, Trauma, Abuse, Bereavement, Anger Management, Women's Trauma Recovery & Empowerment, Women's Domestic Violence Education

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## MENTAL HEALTH COUNSELING

### Ages Served:

Teens, Adults

**Phone:** 352-708-5120 x701

**Languages:** English

## Debra Brown, LCSW

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11782 Couty Road 201  
Oxford, FL 34884

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                         Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** LGBTQ, Gay Allied, Lesbian Allied, Depression, Anxiety, Life Transitions, Grief, Substance Misuse, Trauma, Women's Issues, Infertility, Eating Disorders

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## SUBSTANCE MISUSE & MENTAL HEALTH COUNSELING

### Ages Served:

Adults

**Phone:** 352-458-4578

**Languages:** English

**CENTRAL FLORIDA COUNSELING &  
PSYCHOLOGICAL SERVICES, INC.**  
Chrisann Reid, LCSW

1514 West Main Street  
Leesburg, FL 34748

270 Campbell Avenue  
The Villages, FL 32162

[www.counseling-health.com](http://www.counseling-health.com)

**Payment Options:**

- Self Pay
- Private Insurance
- Medicaid
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** Suzanne Howard, LCSW: Cognitive Behavioral Therapy

Karen Judd: Cognitive Behavioral Therapy

Melinda Nemiroff: Cognitive Behavioral Therapy

Carmen A. Reyes: Individual, Couples & Family Therapy, Substance Misuse Disorders & Recovery, Women's Trauma & Self-Esteem Groups, Depression, Anxiety, Trauma, Grief & Loss, Life Challenges

Helen E. Schuster: Cognitive Behavioral Therapy

Christian Carrier Reid, LCSW: Clinical Social Work

Dr. David Karpf, PHD: Clinical Psychology

Barbara Slaughter, LCSW: Social Work

**SUBSTANCE MISUSE &  
MENTAL HEALTH  
COUNSELING**

**Ages Served:**

Children, Teens, Adults

**Phone:** 352-365-6506

**Languages:** English & Spanish



**No One's House** is a parent-to-parent campaign that works to reduce the amount of parents in a community who are providing teens with alcohol and/or allowing teens to drink in their homes. By pledging, you agree that you will not provide teens alcohol and will not willingly allow teens to drink alcohol at your home.



## CENTRAL FLORIDA PSYCHOLOGICAL CONSULTANTS, INC.

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605 West Montrose Street  
Clermont, FL 34711

[www.centralfloridapsychology.com](http://www.centralfloridapsychology.com)

### Payment Options:

- Self Pay
- Medicaid
- Private Insurance
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Family, Couples, Individuals, Depression, Anxiety, Trauma, PTSD, Addiction, Bipolar, Domestic Abuse, LBQT

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## MENTAL HEALTH COUNSELING

### Ages Served:

Children, Teens, Adults

**Phone:** 352-365-2243

**Languages:** English

## COMPREHENSIVE PSYCHOLOGICAL & ASSESSMENT SERVICES

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**Dr. Maxine Ruddock, PhD**

322 N Barrow Avenue  
Tavares, FL 32778

[www.cpasounseling.com](http://www.cpasounseling.com)

### Payment Options:

- Self Pay
- Medicaid
- Private Insurance
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Individual, Couples & Family Counseling, Christian Counseling, (Grief & Loss), Parenting & Family Issues, Marital & Relationship Issues, Addiction & Recovery, Comprehensive Behavioral Health Assessments, Targeted Case Management, Psychological Evaluations, Stress Management, Crisis Counseling, Life Skills Coaching, Domestic Violence Victims, Women's Empowerment Group, Women's Issues, Corporate Counseling

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## SUBSTANCE MISUSE & MENTAL HEALTH COUNSELING

### Ages Served:

Children, Teens, Adults

**Phone:** 352-508-5399

407-286-5022

800-361-1153

**Languages:** English

## CORNERSTONE HOSPICE & PALLIATIVE CARE

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2445 Lane Park Road  
Tavares, FL 32778

[cornerstonehospice.org](http://cornerstonehospice.org)

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Bereavement services and support groups for individuals and families.

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## MENTAL HEALTH COUNSELING

### Ages Served:

Children, Teens, Adults

**Phone:** 866-742-6655

**Languages:** English

## COUNSELING & DEVELOPMENT CENTER Dr. Patrick J. Ward, PhD

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101 East Maud Street  
Tavares, FL 32778

[www.counselinganddevelopment.com](http://www.counselinganddevelopment.com)

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Anxiety, Depression, PTSD, Conflict, Eating Disorders, EMDR, Family Therapy, Lesbian/Gay Grief Counseling, ADHD

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## SUBSTANCE MISUSE & MENTAL HEALTH COUNSELING

### Ages Served:

Children, Teens, Adults

**Phone:** 352-253-9348

**Languages:** English

**COUNSELING FOR YOUR SUCCESS**  
**Sandra Moenssens Lynch, MS, LMHC, LMFT**

17307 Pagonia Road, Suite 100  
Clermont, FL 34711

[www.counselingforyoursuccess.com](http://www.counselingforyoursuccess.com)

**Payment Options:**

- Self Pay
- Private Insurance
- Medicaid
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** Behavioral Issues, Depression, Anxiety, Mood Disorders, OCD, Emotional Disturbances, Bipolar Disorder, EMDR and Post-Traumatic Stress Disorder

**MENTAL HEALTH  
COUNSELING**

**Ages Served:**

Children, Teens, Adults

**Phone:** 321-230-0740

**Languages:** English

**CREATIVE THERAPY ASSOCIATES, LLC**  
**Christine Harris, MSW, LCSW**  
**Rebecca Caskey, MA, LMHC**

600 S Main Avenue  
Minneola, FL 34715

[www.creativetherapyflorida.com](http://www.creativetherapyflorida.com)

**Payment Options:**

- Self Pay
- Private Insurance
- Medicaid
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** CBT, LGBTQ, Mood Disorders, EMDR, Co-parenting Counseling, Divorce, Self-Esteem, PTSD, Grief, Parent Education for Children, Adolescents, & Teens, Pre-marital Counseling, ADD, ADHD, Asperger's, Adoption

**MENTAL HEALTH  
COUNSELING**

**Ages Served:**

Children, Teens, Adults

**Phone:** 407-399-8855

**Languages:** English

**Brandon M. Crotty, LMHC, CAP, PA**

3115 Citrus Tower Boulevard, Suite C  
Clermont, FL 34711

**Payment Options:**

- Self Pay
- Private Insurance
- Medicaid
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** Drug/Alcohol Evaluation & Treatment, Mental Health Evaluation, Marital & Family Counseling, Parenting Coordination, On-site Drug Testing, Child Adjustment & Attachment Disorder, Anger Management Counseling

**SUBSTANCE MISUSE & MENTAL HEALTH COUNSELING**

**Ages Served:**

Children, Teens, Adults

**Phone:** 321-231-0329

**Languages:** English

**DEAS CONSULTING**

**Dr. Isaac B. Deas, II, Med, EdD, LMHC**

385 Alfred Street  
Tavares, FL 32778

[deas.consulting](http://deas.consulting)

**Payment Options:**

- Self Pay
- Private Insurance
- Medicaid
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** Mental Health Christian Counseling, Anger/Conflict Resolution, Substance Misuse, Marital/Pre-marital Counseling, Mental Health Issues (Anxiety, Stress, Depression), Family/Individual Counseling, Motivational Speaking, Group Facilitator, Workshop Facilitator (Various Topics), Domestic Violence

**SUBSTANCE MISUSE & MENTAL HEALTH COUNSELING**

**Ages Served:**

Children, Teens, Adults

**Phone:** 352-406-1264

**Languages:** English

**FAMILY LIFE COUNSELING CENTER**  
**Sandi Burchfield, MS, IMT-1129**

1230 Oakley Seaver Drive  
Clermont, FL 34781

202 Hatteras Avenue  
Clermont, FL 34711

(at Fuel Church) 7355 US Hwy 98 N  
Lakeland, FL 33801

**MENTAL HEALTH  
COUNSELING**

**Ages Served:**  
Children, Teens, Adults

**Phone:** 352-354-1817

**Languages:** English

**Payment Options:**

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** Teens & Children (Including Infant Mental Health), Anxiety (Including PTSD), Autistic Spectrum Disorder, Childhood Trauma, Co-parenting, Divorce, Depression, Domestic Violence, Gender & Identity, Grief/Loss, HIV/AIDS Support, Infertility, Marriage & Pre-marital, Mood Disorders, Sexual Addictions, Spirituality

Alcohol abuse can have a devastating effect on the public, business and employees. Serving responsibly produces safer roads and neighborhoods, and a more profitable business.

**The Responsible Vendor Training (RVT)** class teaches employees, managers and owners of establishments that sell alcohol how to keep it out of the hands of minors and not sell alcohol to obviously intoxicated persons. By participating in the class, alcohol vendors will be equipped with the knowledge needed to avoid arrest, fines and jail time for alcohol violations. Additionally, businesses are eligible for a 10% discount on their insurance.

The intention of this training is to:

1. Eliminate the sale and service of alcoholic beverages to underage patrons.
2. Reduce alcohol related injuries and deaths.
3. Encourage prudent serving practices.
4. Promote professionalism and responsibility of staff.



*Florida Statute 561.702*

## GFC FAMILY AND CRISIS COUNSELING

Rev. Kevin M. Drinka, BMin, LPC, CSAC

Dr. Max High, DTh, LCMFTA

Dr. Joseph Wm. Nussbaumer, Jr, Ph.D.,  
c/psy

Sonnia G. Wagner, MCC, LCCT

Feliciano Felix Ramirez, MS-LCMFT

611 S Main Avenue  
Groveland, FL 34736

[www.gfccounseling.com](http://www.gfccounseling.com)

### Payment Options:

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Self Pay | <input checked="" type="checkbox"/> Private Insurance |
| <input checked="" type="checkbox"/> Medicaid | <input type="checkbox"/> Medicare                     |

### Evaluations:

- Drugs/Alcohol

**Services:** Addictive & Compulsive Behavior Counseling, Anger Management, Anxiety, Depression & Stress Management Counseling, Batterer's Intervention, Child Custody Evaluation, Drug & Alcohol abuse Counseling, Suicide Prevention Counseling, Parenting Skills Classes, PTSD, Postpartum Depression & Anxiety, Personal & Spiritual Counseling

Dr. Joseph Wm. Nussbaumer: DUI/Substance abuse Counseling, Sex Offender Therapy, Personal Counseling, Batterer's Intervention Program, Mental Health Evaluations, Parenting Skills Classes, Shoplifting Program, Marriage & Family Counseling

Bushnell (Satellite Office): Substance abuse Treatment, Anger Management, Batterer's Intervention Program, PTSD, Postpartum Depression & Anxiety, Mental Health Evaluation, Parenting Classes, Shoplifting Course

## SUBSTANCE MISUSE & MENTAL HEALTH COUNSELING

### Ages Served:

Children, Teens, Adults

Phone: 352-429-5600

Languages: English & Spanish

## Deterra Bags/ Prescription Drug Campaign



These bags dissolve unwanted medications, and Be Free Lake provides them FREE to 55+ communities to help with the proper disposal of unwanted medications.

**HARMONY UNITED PSYCHIATRIC CARE**  
**Dr. Adil A. Mohammed, MD**

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305 Skyline Drive, Suite 1  
Lady Lake, FL 32159

[www.harmonyunitedhc.com](http://www.harmonyunitedhc.com)

**Payment Options:**

- Self Pay
- Medicaid
- Private Insurance
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** Depression, Bipolar Disorder, PTSD, Substance Misuse, Anxiety Disorder, ADHD, Memory Problems, Suicidal Thoughts & Tendencies, Emotional Problems

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**SUBSTANCE MISUSE &  
MENTAL HEALTH  
COUNSELING**

**Ages Served:**

Children, Adults

**Phone:** 800-457-4573

**Languages:** English

**HEALING WOUNDS HEALTHCARE, LLC**  
**Cherie Burgess, M.Ed, LMHC**

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1120 W Minneola  
Minneola, FL 34711

<https://www.healingwoundshealthcare.com/>

**Payment Options:**

- Self Pay
- Medicaid
- Private Insurance
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** Anxiety & Depression Related to Difficult Life Transitions, Overcoming Childhood Trauma and Feelings of Shame & Vulnerability, Suicide Risk Assessment & Safety Planning, Life Coaching

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**MENTAL HEALTH  
COUNSELING**

**Ages Served:**

Teens, Adults

**Phone:** 352-499-1372

**Languages:** English

**LAKE CENTER OF HOPE**  
**Dr. Nick Ungson, MD**

33057 Professional Drive, Suite 102  
Leesburg, FL 34788

**Payment Options:**

- Self Pay
- Private Insurance
- Medicaid
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** Anxiety, Bipolar Disorder, Non-Dependent Drug & Alcohol Misuse, Phobia, Psychiatric Diseases

**SUBSTANCE MISUSE &  
MENTAL HEALTH  
COUNSELING**

**Ages Served:**

Adults

**Phone:** 352-787-0081

**Languages:** English

**LAKE PSYCHOEDUCATIONAL CENTER**  
**Dr. Grace Pena, PsyD, LMHC**

600 North Hwy 27, Suite 1  
Minneola, FL 34715

**Payment Options:**

- Self Pay
- Private Insurance
- Medicaid
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** Psychotherapy & Family Counseling To Children, Teens & Adults For Emotional Development & Behavioral Related Issues

**MENTAL HEALTH  
COUNSELING**

**Ages Served:**

Children, Teens, Adults

**Phone:** 407-209-7492

**Languages:** English & Spanish



## LIFE AND HOPE COUNSELING CENTER

Nadine Bridges, MS, LMHC

Terri Harper, MA, LMHC

Brandi Lefler, MA, LMHC

Rachael Golub, MSW, LCSW

Cindy Wanburg, LMHC

Dawn Cohen, LCSW

820 S Duncan Dr, Tavares

Tavares, FL 32778

[www.lifeandhopecounseling.com](http://www.lifeandhopecounseling.com)

### Payment Options:

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Self Pay | <input checked="" type="checkbox"/> Private Insurance |
| <input checked="" type="checkbox"/> Medicaid | <input type="checkbox"/> Medicare                     |

### Evaluations:

- Drugs/Alcohol

**Services:** ADHD, Autism, Anxiety, Bipolar Disorder, Bullying, Conduct Disorder Of Childhood, Depression, Disabilities, Divorce Recovery, Family Conflict, Grief Counseling, Marital & Relationship Counseling, Oppositional Defiant Disorder, Parenting, Porn Addicttion, PTST & Trauma

## MENTAL HEALTH COUNSELING

### Ages Served:

Children, Teens, Adults

**Phone:** 352-742-4747

**Languages:** English & Spanish

### **“Got Drugs? Pitch Your Pills”**

Proper disposal prevents abuse, protects the environment and reduces risk of accidental poisoning. Dispose your unused or unwanted medications today.

For more information about proper drug disposal and discover the Pitch Your Pills Campaign, please visit our website at [www.befreelake.org](http://www.befreelake.org)



## LIFE AND HOPE COUNSELING CENTER

Nadine Bridges, MS, LMHC

Terri Harper, MA, LMHC

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Rachael Golub, MSW, LCSW

Cindy Wanburg, LMHC

Dawn Cohen, LCSW

4400 North Hwy 19A, Suite 5

Mount Dora, FL 32757

[www.lifeandhopecounseling.com](http://www.lifeandhopecounseling.com)

### Payment Options:

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Self Pay | <input checked="" type="checkbox"/> Private Insurance |
| <input checked="" type="checkbox"/> Medicaid | <input type="checkbox"/> Medicare                     |

### Evaluations:

- Drugs/Alcohol

**Services:** ADHD, Autism, Anxiety, Bipolar Disorder, Bullying, Conduct Disorder Of Childhood, Depression, Disabilities, Divorce Recovery, Family Conflict, Grief Counseling, Marital & Relationship Counseling, Oppositional Defiant Disorder, Parenting, Porn Additction, PTST & Trauma

## MENTAL HEALTH COUNSELING

### Ages Served:

Children, Teens, Adults

**Phone:** 352-357-1955

**Languages:** English & Spanish

## **KNOW THE LAW**

### ***A Program for Youth, Parents, and Community***

This FREE one-hour presentation is hosted by BE FREE LAKE and a member of our local law enforcement. Learn about the differences between misdemeanors and felonies, crimes against people and property, and the consequences for violating the law.



For more information and to schedule this interactive class session for your community, please contact Be Free Lake at 352-383-2099

## LIFE AND HOPE COUNSELING CENTER

Nadine Bridges, MS, LMHC

Terri Harper, MA, LMHC

Brandi Lefler, MA, LMHC

Rachael Golub, MSW, LCSW

Cindy Wanburg, LMHC

Dawn Cohen, LCSW

4300 S Highway 27, Suite 205C

Clermont, FL 34711

[www.lifeandhopecounseling.com](http://www.lifeandhopecounseling.com)

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** ADHD, Autism, Anxiety, Bipolar Disorder, Bullying, Conduct Disorder Of Childhood, Depression, Disabilities, Divorce Recovery, Family Conflict, Grief Counseling, Marital & Relationship Counseling, Oppositional Defiant Disorder, Parenting, Porn Additction, PTST & Trauma

## MENTAL HEALTH COUNSELING

### Ages Served:

Children, Teens, Adults

**Phone:** 352-432-8990

**Languages:** English & Spanish

## LIFESTREAM BEHAVIORAL CENTER

Dr. David Dada, MD, Psychiatrist

2018 Tally Road

Leesburg, FL 32163

[www.lsbcc.net](http://www.lsbcc.net)

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Anxiety, Phobia, Schizophreniform & Schizoaffective Disorder, ADD, Autism, Bipolar Disorder, Schizophrenia & Schizoaffective Disorder, Phobia, Independent Opioid & Cocaine Abuse

## SUBSTANCE MISUSE & MENTAL HEALTH COUNSELING

### Ages Served:

Adults

**Phone:** 352-259-5762

**Languages:** English & Spanish

## LIFESTREAM BEHAVIORAL CENTER: ADULT CHOICE RESIDENTIAL PROGRAM

215 N 3rd Street  
Leesburg, FL 34748

[www.lsbc.net](http://www.lsbc.net)

### Payment Options:

- Self Pay
- Private Insurance - Call for Information
- Medicaid
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** 16 bed substance abuse residential level 2 facility for adults with substance misuse and/or co-occurring mental health disorders. In addition to clinical services, emphasis is placed on services that address the client's vocational needs, social functioning, and need for stable housing upon discharge. Other services provided include educational groups, occupational and recreational activities.

## INPATIENT RESIDENTIAL MENTAL HEALTH

### Ages Served:

Adults

**Phone:** 352-315-7470

**Languages:** English

## LIFESTREAM BEHAVIORAL CENTER: CHILDREN'S CLINICAL ON-SITE SERVICES

2020 Tally Road  
Leesburg, FL 34748

[www.lsbc.net](http://www.lsbc.net)

### Payment Options:

- Self Pay
- Private Insurance - Call for Information
- Medicaid
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Counseling Services are provided for children in the school or at home for those who are referred for intensive therapy.

## COUNSELING

### Ages Served:

School Aged Children

**Phone:** 352-315-7816

**Languages:** English

## LIFESTREAM BEHAVIORAL CENTER: CHILDREN'S CLINICAL ON-SITE SERVICES

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1217 Huffstetter Drive #11  
Eustis, FL 32726

[www.lsbcc.net](http://www.lsbcc.net)

### Payment Options:

- Self Pay
- Medicaid
- Private Insurance -  
Call for Information
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Counseling Services are provided for children in the school or at home for those who are referred for intensive therapy.

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## COUNSELING

### Ages Served:

School Aged Children

**Phone:** 352-483-1652

**Languages:** English

## LIFESTREAM BEHAVIORAL CENTER: COMMUNITY ACTION TEAM (CAT)

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2018 Tally Road  
Leesburg, FL 34748

[www.lsbcc.net](http://www.lsbcc.net)

### Payment Options:

- Self Pay
- Medicaid
- Private Insurance -  
Call for Information
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** An integrated service delivery approach that utilizes a team of professionals to comprehensively address the needs of young people and their family. Designed as an alternative to out-of-home placement for youth with serious behavioral health issues.

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## SUBSTANCE MISUSE PROGRAMS

### Ages Served:

Children, 11 - 21

**Phone:** 352-315-7800

**Languages:** English

**LIFESTREAM BEHAVIORAL CENTER:  
COMMUNITY MENTAL HEALTH  
OUTPATIENT CENTER**

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215 North 3rd Street  
Leesburg, FL 34748

[www.lsbcc.net](http://www.lsbcc.net)

**Payment Options:**

- Self Pay
- Private Insurance - Call for Information
- Medicaid
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** Individual and group counseling. Also provides medication management by a psychiatrist if needed.

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**COUNSELING**

**Ages Served:**

4 & Up

**Phone:** 352-315-7500

**Languages:** English

**LIFESTREAM BEHAVIORAL CENTER:  
CROSSROADS II ADULT**

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201 Magnolia Avenue  
Eustis, FL 32726

[www.lsbcc.net](http://www.lsbcc.net)

**Payment Options:**

- Self Pay
- Private Insurance - Call for Information
- Medicaid
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** Individual, family and group counseling and educational services. Treatment goals, objectives and services are aimed at eliminating alcohol or other drug use and improving functioning areas.

---

**COUNSELING**

**Ages Served:**

Adults

**Phone:** 352-357-1550

**Languages:** English

## LIFESTREAM BEHAVIORAL CENTER: CROSSROADS II ADULT - OUTPATIENT

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2018 Tally Road  
Leesburg, FL 34748

[www.lsbc.net](http://www.lsbc.net)

### Payment Options:

- Self Pay
- Private Insurance - Call for Information
- Medicaid
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Individual, family and group counseling and educational services. Treatment goals, objectives and services are aimed at eliminating alcohol or other drug use and improving functioning areas.

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## COUNSELING

### Ages Served:

Adults

**Phone:** 352-315-7400

**Languages:** English

## LIFESTREAM BEHAVIORAL CENTER: EUSTIS OUTPATIENT CENTER

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201 Magnolia Avenue  
Eustis, FL 32726

[www.lsbc.net](http://www.lsbc.net)

### Payment Options:

- Self Pay
- Private Insurance - Call for Information
- Medicaid
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Individual and group counseling. Also provides medication management by a psychiatrist if needed.

---

## COUNSELING

### Ages Served:

4 & Up

**Phone:** 352-357-1550

**Languages:** English

**LIFESTREAM BEHAVIORAL CENTER:  
FAMILY BEHAVIORAL THERAPY TEAM  
(FBTT)**

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2018 Tally Road  
Leesburg, FL 34748

[www.lsbcc.net](http://www.lsbcc.net)

**Payment Options:**

- Self Pay
- Private Insurance -  
Call for Information
- Medicaid
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** In-home substance misuse treatment programs targeting: alcohol and drug abuse, behavior programs, mood disorders, family dysfunction, unemployment or underemployment, inadequate communication skills, anger management and poor school performance.

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**SUBSTANCE MISUSE  
PROGRAMS**

**Ages Served:**

Parents of Children Ages 3 - 10

**Phone:** 352-315-7413

**Languages:** English

**LIFESTREAM BEHAVIORAL CENTER:  
FAMILY INTERVENTION RESOURCE  
SERVICES TEAM (FIS)**

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2020 Tally Road  
Leesburg, FL 34748

[www.lsbcc.net](http://www.lsbcc.net)

**Payment Options:**

- Self Pay
- Private Insurance -  
Call for Information
- Medicaid
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** Provides support and linkage to services for families when substance misuse or mental health problems threaten the stability of the home. The FIRST program provides case management and referral for treatment, housing benefits and Temporary Assistance for Needy Families (TANF).

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**SUBSTANCE MISUSE  
PROGRAMS**

**Ages Served:**

All

**Phone:** 352-315-7800

**Languages:** English



## LIFESTREAM BEHAVIORAL CENTER: GERIATRIC RESIDENTIAL TREATMENT SERVICES

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2018 Tally Road  
Leesburg, FL 34748

[www.lsbc.net](http://www.lsbc.net)

### Payment Options:

- Self Pay
- Private Insurance -  
Call for Information
- Medicaid
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** 12-bed residential facility serving primarily seniors who are severely and persistently mentally ill. Programs offer rehabilitative services, wellness and recovery planning and activities in a supportive environment.

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## INPATIENT/RESIDENTIAL MENTAL HEALTH

### Ages Served:

Adults

**Phone:** 352-315-7460

**Languages:** English

## LIFESTREAM BEHAVIORAL CENTER: INTENSIVE OUTPATIENT PROGRAM ADULT

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2018 Tally Road  
Leesburg, FL 34748

[www.lsbc.net](http://www.lsbc.net)

### Payment Options:

- Self Pay
- Private Insurance -  
Call for Information
- Medicaid
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Provides level of care between inpatient and traditional outpatient treatment. Those served receive a recovery based, rehab treatment program found in a 28 day program, except the participants that live at home and continue management of their life without the interruption of living inpatient.

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## SUBSTANCE MISUSE PROGRAMS

### Ages Served:

Adults

**Phone:** 352-315-7800

**Languages:** English

## LIFESTREAM BEHAVIORAL CENTER: OUR TURNING POINT RANCH - UMATILLA

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19826 5th Street  
Umatilla, FL 32784

[www.lsbc.net](http://www.lsbc.net)

### Payment Options:

- Self Pay
- Private Insurance - Call for Information
- Medicaid
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** A therapeutic group home for girls who exhibit emotional and behavioral challenges that can be served in a group home treatment setting. The goal is successful re-integration into the community.

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### INPATIENT/RESIDENTIAL MENTAL HEALTH

#### Ages Served:

Teens

**Phone:** 352-771-8986

**Languages:** English

## LIFESTREAM BEHAVIORAL CENTER: PHOENIX HOUSE SOUTH

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411 US-301  
Sumterville, FL 33585

[www.lsbc.net](http://www.lsbc.net)

### Payment Options:

- Self Pay
- Private Insurance - Call for Information
- Medicaid
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** 12 bed residential facility for adults with mental illness designed to increase their level of functioning by providing training and skills in the areas of residential and independent living.

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### INPATIENT/RESIDENTIAL MENTAL HEALTH

#### Ages Served:

Adults

**Phone:** 352-793-7002

**Languages:** English

## LIFESTREAM BEHAVIORAL CENTER: PSYCHIATRIC HOSPITAL

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2020 Tally Road  
Leesburg, FL 34748

[www.lsbcc.net](http://www.lsbcc.net)

### Payment Options:

- Self Pay
- Private Insurance - Call for Information
- Medicaid
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Provides children and adult crisis stabilization units, adult detoxification unit, adult psychiatric care and geriatric unit.

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## INPATIENT/RESIDENTIAL MENTAL HEALTH

### Ages Served:

Children, Teens, Adults

**Phone:** 352-315-7800

**Languages:** English

## LIFESTREAM BEHAVIORAL CENTER: SUMTER OUTPATIENT CENTER

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119 North Market Street  
Bushnell, FL 33513

[www.lsbcc.net](http://www.lsbcc.net)

### Payment Options:

- Self Pay
- Private Insurance - Call for Information
- Medicaid
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Individual and group counseling. Also provides medication management by a psychiatrist if needed.

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## COUNSELING

### Ages Served:

4 & Up

**Phone:** 352-793-4126

**Languages:** English

## LIFESTREAM BEHAVIORAL CENTER: TURNABOUT

2020 Tally Road  
Leesburg, FL 34748

[www.lsbc.net](http://www.lsbc.net)

### Payment Options:

- Self Pay
- Private Insurance -  
Call for Information
- Medicaid
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Individual treatment allows teenagers to explore psychological factors that may be contributing to drinking and drug use. Family therapy is also recommended to help families break down common defenses to facilitate discussion and share solutions.

## SUBSTANCE MISUSE PROGRAMS

### Ages Served:

Varied

**Phone:** 352-315-7800

**Languages:** English

## LIFESTREAM BEHAVIORAL CENTER: WIN CLINIC

2140 N, 2140 Don Wickham Dr B  
Leesburg, FL 34711

[www.lsbc.net](http://www.lsbc.net)

### Payment Options:

- Self Pay
- Private Insurance -  
Call for Information
- Medicaid
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Individual and group counseling. Also provides medication management by a psychiatrist if needed.

## COUNSELING

### Ages Served:

4 & Up

**Phone:** 352-394-5922

**Languages:** English

## LIFESTREAM BEHAVIORAL CENTER: YOUTH AND FAMILY RECOVERY CARE

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2018 Tally Road  
Leesburg, FL 34748

[www.lsbc.net](http://www.lsbc.net)

### Payment Options:

- Self Pay
- Private Insurance - Call for Information
- Medicaid
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Provides services to youth who are misusing substances who would be appropriate for outpatient care. Treatment involves individual sessions and family/caregiver sessions. Program goal is to connect youth with positive activities and reinforce healthy interests and peer groups.

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## SUBSTANCE MISUSE PROGRAMS

### Ages Served:

Children, Teens

**Phone:** 352-315-7500

**Languages:** English

## MID FLORIDA COMMUNITY COUNSELING AT CHILDREN'S HOME SOCIETY (CHS)

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1300 South Duncan Drive, Bldg C  
Tavares, FL 32778

[www.chsfl.org](http://www.chsfl.org)

### Payment Options:

- Self Pay
- Private Insurance
- Medicaid
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Mental Health Assessments, Individual & Family Counseling, In-home/In-school Services

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## MENTAL HEALTH COUNSELING

### Ages Served:

Children, Teens, Adults

**Phone:** 352-742-6170

**Languages:** English & Spanish

## MILESTONE COUNSELING

Geron Rogers, Mdiv, MS, LMHC

Valerie Rogers, MS, LMHC

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205 Hatteras Avenue  
Clermont, FL 34711

[www.milestone-counseling.com](http://www.milestone-counseling.com)

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Children & Family, Transition & Crisis, Testing & Assessment, Parenting & Individual Therapy, Relationship Counseling, Christian Counseling, Substance Abuse Counseling

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## MENTAL HEALTH COUNSELING

### Ages Served:

Children, Teens, Adults

**Phone:** 352-348-8858

**Languages:** English

## Irma S. Nyack, BSN, RN, MSN, MBA

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606 West Ave  
Clermont, FL 34711

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** A Private Nurse Practitioner providing Respite Care services for children with Prader-Willi Syndrome, approved by Agency for Persons with Disabilities.

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## MENTAL HEALTH COUNSELING

### Ages Served:

Children 5 - 17

**Phone:** 407-484-2303

**Languages:** English

## PEOPLE HELPERS

Ruth White, Ministry Director

1306 West Main Street  
Leesburg, FL 34748

[firstleesburg.org/people-helpers-counseling](http://firstleesburg.org/people-helpers-counseling)

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Offers free lay counseling for Relationship issues, Anxiety, Depression, Anger Management, Court Ordered Counseling, Grief, Losses, Marriage Counseling, Pre-Marital Counseling, and more.

## MENTAL HEALTH COUNSELING

### Ages Served:

Teens, Adults

**Phone:** 352-314-7449

**Languages:** English & Spanish

## Susan Petrie, MS, LMHC

10760 SE 95th Terrace  
Belleview, FL 34420

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** ADHD, Anxiety, Depression, Divorce, Domestic Abuse, Sexual Abuse, Mood Disorders, Trauma/PTSD, Anger Management, Self Harm, Suicide, Women's Issues

## MENTAL HEALTH COUNSELING

### Ages Served:

Teens, Adults

**Phone:** 352-587-5543

**Languages:** English

**Susan Petrie, MS, LMHC**

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515 W Main Street  
Leesburg, FL 34778

**Payment Options:**

- Self Pay
- Private Insurance
- Medicaid
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** ADHD, Anxiety, Depression, Divorce, Domestic Abuse, Sexual Abuse, Mood Disorders, Trauma/PTSD, Anger Management, Self Harm, Suicide, Women's Issues

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**MENTAL HEALTH  
COUNSELING**

**Ages Served:**

Teens, Adults

**Phone:** 352-315-7500

**Languages:** English

**S.A.D.I.E.S. RANCH  
Cher Myers, LCSW, MSW**

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41025 Thomas Boat Landing  
Umatilla, FL 32784

[sadlesranch.com](http://sadlesranch.com)

**Payment Options:**

- Self Pay
- Private Insurance
- Medicaid
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** Equine-assisted therapy, uniquely powerful treatment where you connect with horses in rich, organic setting.

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**MENTAL HEALTH  
COUNSELING**

**Ages Served:**

Children, Teens, Adults

**Phone:** 352-669-1012

**Languages:** English



## SIMEDHEALTH

**Dr. Joyce Smolarski, MD, Psychiatrist**

929 North US Hwy 441, Suite 404  
Lady Lake, FL 32159

[simedhealth.com](http://simedhealth.com)

### Payment Options:

- Self Pay
- Medicaid
- Private Insurance
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Anxiety, ADHD, Bipolar Disorder, OCD, Panic Disorder, Personality Disorder, PTSD, Psychiatric Diseases, Situational Depression

---

## MENTAL HEALTH COUNSELING

### Ages Served:

Adults

**Phone:** 352-753-6887

**Languages:** English

## Karen D. Stange, MA, LMHC, LMFT, NCC

117 N US Hwy 441, Suite 205  
Lady Lake, FL 32159

### Payment Options:

- Self Pay
- Medicaid
- Private Insurance
- Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Addiction, Adoption, Anxiety, Alcohol, OCD, Drug Use, Eating Disorder, Grief, PTSD, Self-Esteem, Women's Issues

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## SUBSTANCE MISUSE & MENTAL HEALTH COUNSELING

### Ages Served:

Adults

**Phone:** 407-749-0153

**Languages:** English

## SUMMIT MENTAL HEALTH SERVICES

Ashlea Johnson, LCSW

214 East Washington Street #A  
Minneola, FL 34715

[www.summitmentalhealthservices.com](http://www.summitmentalhealthservices.com)

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Individual, Family & Group Counseling, Premarital Counseling, Self-Esteem, Depression, Anxiety, OCD, PTSD, Parenting, Aspergers, Children, Career, Grief

## MENTAL HEALTH COUNSELING

### Ages Served:

Children, Teens, Adults

**Phone:** 352-638-6639

**Languages:** English

## THE ART OF HEALING

Jenny Clarke, MA, RYT

230 Mohawk Road  
Clermont, FL 34715

[www.nourishcreatetransform.com](http://www.nourishcreatetransform.com)

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Life Coaching, Yoga, Reiki, Transpersonal Psychology, Holistic Healing, Group Workshops

## MENTAL HEALTH COUNSELING

### Ages Served:

Adults

**Phone:** 407-504-8197

**Languages:** English

## U.S. DEPARTMENT OF VETERANS AFFAIRS CLINIC

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805 Oakley Seaver Drive  
Clermont, FL 34711

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** For Veterans: ADD, ADHD, Depression, Bipolar Disorder, Insomnia, Schizophrenia, Anxiety, Schizoaffective Disorder, PTSD, OCD, Trauma

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## SUBSTANCE MISUSE & MENTAL HEALTH COUNSELING

### Ages Served:

Adults

**Phone:** 352-536-8200

**Languages:** English & Spanish

## U.S. DEPARTMENT OF VETERANS AFFAIRS CLINIC

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1390 E Burleigh Blvd  
Tavares, FL 32778

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** For Veterans: ADD, ADHD, Depression, Bipolar Disorder, Insomnia, Schizophrenia, Anxiety, Schizoaffective Disorder, PTSD, OCD, Trauma

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## SUBSTANCE MISUSE & MENTAL HEALTH COUNSELING

### Ages Served:

Adults

**Phone:** 352-253-2900

**Languages:** English & Spanish

**Dr. Thomas Valente, Psychiatrist**

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404 Webster Street  
Leesburg, FL 34747

[www.lsbc.net](http://www.lsbc.net)

**Payment Options:**

- Self Pay
- Medicaid
- Private Insurance
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** Drug & Alcohol Dependence, Mental Disorders, Anxiety, Amphetamine & Other Psychostimulant Dependence, Psychological Pharmacology, ADHD, Autism, Bipolar Disorder, Conversion Disorder, Mood Disorders, PTSD, Schizophrenia & Schizoaffective Disorder, Phobia, Independent Opioid & Cocaine Abuse

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**SUBSTANCE MISUSE &  
MENTAL HEALTH  
COUNSELING**

**Ages Served:**

Adults

**Phone:** 352-360-6625

**Languages:** English & Spanish

**Dr. Thomas Valente, Psychiatrist**

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2020 Tally Road  
Leesburg, FL 34748

[www.lsbc.net](http://www.lsbc.net)

**Payment Options:**

- Self Pay
- Medicaid
- Private Insurance
- Medicare

**Evaluations:**

- Drugs/Alcohol

**Services:** Drug & Alcohol Dependence, Mental Disorders, Anxiety, Amphetamine & Other Psychostimulant Dependence, Psychological Pharmacology, ADHD, Autism, Bipolar Disorder, Conversion Disorder, Mood Disorders, PTSD, Schizophrenia & Schizoaffective Disorder, Phobia, Independent Opioid & Cocaine Abuse

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**SUBSTANCE MISUSE &  
MENTAL HEALTH  
COUNSELING**

**Ages Served:**

Adults

**Phone:** 352-315-7800

**Languages:** English & Spanish

## VILLAGE COUNSELING CENTER

Scott Shelton, LCSW  
Dr. Brad Palermo, PsyD  
Grace Ireland, LCSW  
Karen Hayes, LCSW

416 Teaque Trail  
Lady Lake, FL 32159

[villagecounselingcenter.org](http://villagecounselingcenter.org)

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Marriage, Couples, and Relationship Issues, Depression/Bipolar, Anxiety, Stress, Anger, Substance Abuse and Addictions, Eating Disorders, Adjusting to Life Changes and Transitions, Grief and Loss, Trauma

## SUBSTANCE MISUSE & MENTAL HEALTH COUNSELING

### Ages Served:

Children 5 - 17, Adults

**Phone:** 352-350-5552

**Languages:** English

## VILLAGE MIND AND BODY INSTITUTE

Dr. Dennis Brady, PsyD, DCH, EdD

219 W McClendon Street  
Lady Lake, FL 32159

[villagemindandbodyinstitute.com](http://villagemindandbodyinstitute.com)

### Payment Options:

- Self Pay                       Private Insurance  
 Medicaid                       Medicare

### Evaluations:

- Drugs/Alcohol

**Services:** Depression & Anxiety, Grief, Counseling, Work & Career Issues, Stress Management, Addictions & Recovery Management, Sleep Issues, Anger, Trauma/PTSD, Domestic Misuse

## SUBSTANCE MISUSE & MENTAL HEALTH COUNSELING

### Ages Served:

Adults

**Phone:** 352-405-6733

**Languages:** English





## TO REGISTER A CLASS:





### Contact:

Be Free Lake  
Phone Number: 352-383-2099  
Email: Christopher@BeFreeLake.org

Website: <http://BeFreeLake.org>



### What You Learn:

-  Signs of addictions and mental illnesses
-  Impact of mental and substance use disorders
-  5-step action plan to assess a situation and help
-  Local resources and where to turn for help

Just as CPR helps you assist an individual having a heart attack – even if you have no clinical training – Mental Health First Aid helps you assist someone experiencing a mental health related crisis. In the Mental Health First Aid course, you learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help.

Taught by two certified instructors, Mental Health First Aid teaches about [recovery](#) and [resiliency](#) – the belief that individuals experiencing these challenges can and do get better, and use their strengths to stay well.

Learn how to apply the Mental Health First Aid action plan in a variety of situations, including when someone is experiencing panic attacks, suicidal behaviors, acute psychosis or reaction to trauma. The opportunity to practice – through role plays, scenarios, and activities – makes it easier to apply these skills in a real-life situation. The **8 Hour Course Includes:** Workbook, Certificate of Certification. The cost is free for Adult Mental Health First Aid in Lake and Sumter Counties or for Youth Mental Health First Aid in the counties making up Circuit 5.



"You're Not Alone" is our Project AWARE social media campaign to educate our youth in understanding that the words, "Mental Health" are not bad words and it is ok to ask for help. The focus of the campaign is to reduce the stigma on mental illness and provide suicide preventative measures by encouraging youth to reach out to talk to someone when experiencing feelings of sadness or stress. The program can be taught to the youth in a one 2- hour setting or broken down into a six- week course taught within classrooms, agencies or in community settings. Combined with Mental Health First Aid training for the community and You're Not Alone for the youth, the suicide preventive measures taught can assist the youth to reach out to not only help themselves but to help their peers and have the adults trained to assist the youth asking for help. By reaching the youth and the adults, the community together can reduce the stigma of mental illness and work towards suicide prevention.



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## JOIN THE REVOLUTION... BE FREE LAKE!

We invite you to explore our website at [www.befreelake.org](http://www.befreelake.org)  
To be included in the next edition of the Behavioral Resource Guide,  
or to request additional copies, call  
Be Free Lake at 352-383-2099.

Be Free Lake is a 501c3, tax exempt organization.  
Donations supporting Be Free Lake's work in Lake County  
are tax deductible.

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**Be Free Lake**  
**1050 Boyd Drive**  
**Mount Dora, FL 32757**  
**(352) 383-2099**